

## Speaker at Meeting on May 10

The [next informational meeting](#) will be a presentation by Dr. Marshall Knudson of the Alachua County Crisis Center. Dr. Knudson will lead a discussion about suicide. Topics will cover families, the crisis center, crisis intervention, and survivors of suicide.

## NAMI Florida 2010 Legislative Session Policies

Our public policy priorities are guided by a five-point list aimed at the 2010 Florida Legislative Session. These focus on five critical areas that impact the lives of adults and children living with mental illnesses and the community as a whole:

- **Funding the System of Care:** NAMI Florida advocates for effective care for people with mental illnesses through an adequately funded continuum of prevention, intervention, clinical, and support services.
- **Parity:** NAMI Florida strongly supports the passage of insurance parity for those with mental illnesses. Insurance parity is fair and can save tax dollars by decreasing overall medical costs and reducing the number of people forced to seek publicly-funded treatment.
- **Criminal and Juvenile Justice Issues:** NAMI Florida strongly supports justice system diversions that will help keep adults and juveniles who have a mental illness out of the criminal justice system when possible; and provide them the interventions, treatments, and supports that foster recovery.
- **Housing:** NAMI Florida knows that housing is essential to the recovery of individuals living with mental illnesses. Access to safe and affordable housing has been shown to increase treatment success and help these individuals avoid recidivism into institutional settings.
- **Children's Issues:** NAMI Florida believes that the children of Florida with emotional disorders deserve access to a system of care that is responsive to their needs and their families and a system of care which promotes prevention and early intervention.

## FAMILY-TO-FAMILY Class Reunion

Save the date June 2 for a F2F reunion covering 7 years of classes. Covered dish potluck dinner will be held at the United Way Conference Room, 6031 NW 1<sup>st</sup> Place. Details to follow in next newsletter. We will be honoring Susan Boulet with an award from NAMI National. [See our NAMI website for how F2F can help your family and loved one.](#)

### MONTHLY MEETINGS ARE ON WEBSITE

- Second Monday of each month 7:00 –9:00.
- Support meetings alternate with informational meetings on alternate months
- Support meetings group are sharing for family members in an emotionally safe environment
- Informational meetings are open to anyone
- Website lists meeting topics each month

## UF Department of Psychiatry & NAMI Gainesville

The UF Department of Psychiatry is working with NAMI Gainesville to implement a grant that Dr. Regina Bussing plans to use to train Alachua county school resource officers regarding students with issues such as ADHD. This training is based on a model from Great Britain, and is somewhat similar to Crisis Intervention Training (CIT).

## Consumer Peer-led Support Group Planned for Gainesville



NAMI Gainesville is working towards offering "[NAMI Connection](#)", a nationally certified, structured, peer-led, consumer support group. We will report on progress about when and where this valuable program will begin in Gainesville.

## Gainesville Opportunity Center (GOC) is Thriving

*Gainesville Opportunity Center, Inc.* is a free program where people whose lives have been drastically interrupted by a mental illness come voluntarily to rebuild their lives. More on transitional employment at [www.GoClubhouse.org](http://www.GoClubhouse.org).

## Board

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 Family to Family Teachers — Susan Boulet, Paula Ambroso  
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 Pat Warnock

## NAMI FL To Give Workshop In Gainesville

On May 8, Florida NAMI leaders are coming to Gainesville to give a workshop to help our Gainesville affiliate ramp up to the new NAMI National standards of excellence.

We encourage people who would like to become involved in local organizational leadership of NAMI to consider attending this workshop.

We will be hosting Marcia Mathes and Wanda Keller, nationally-trained instructors from NAMI of Greater Orlando. The workshop is part of NAMI Gainesville's process of taking stock of where we are and deciding where we want to go. They will address the [NAMI Standards of Excellence Affiliation & Chartering Policy Manual](#). The workshop is provided at no charge to participants.

The workshop will be held on Saturday, May 8, from 9a.m.-1p.m. at United Church of Gainesville, 1624 NW 5<sup>th</sup> Avenue. This is the location where our monthly meetings are held; the workshop will be upstairs in the Youth Room. Lunch is provided.

Registration is required so that we know how many people to plan for and so we can forward workshop information to participants prior to workshop on May 8. If you are interested in finding out more about the workshop or if you would like to register, send an email to [info@NamiGainesville.org](mailto:info@NamiGainesville.org), or phone our NAMI voicemail line at (352)-374-5600 ext. 8322 and leave a message.

## DSM-V Changes Underway

NAMI Board of Directors has [posted five papers with specific recommendations](#) concerning the first draft of the DSM-V (Diagnostic and Statistical Manual – Fifth Edition). The DSM is published by the American Psychiatric Association (APA) and is used by psychiatrists, other mental health providers, and health care practitioners to diagnose and plan treatment for people with a variety of mental disorders. Details are in papers posted on the NAMI National Web site ([www.Nami.org](http://www.Nami.org)) which address the following topics (click links for the respective position paper pdf):

- [Psychosis Risk Syndrome](#)
- [Six month durational requirement for diagnosing Schizophrenia](#)
- [Anosognosia](#)
- [Substance Use Disorder](#)
- [Temper Dysregulation Disorder with Dysphoria \(a new diagnosis proposed in the draft DSM-V\)](#)

## UF Neuroscience Club Does Fundraisers for NAMI

Students of the UF Neuroscience Club have held two fundraisers. Much appreciated proceeds were presented to NAMI Gainesville.

# Gainesville



National Alliance on Mental Illness

NAMI Gainesville  
P.O. Box 90114

Not-for profit 501(c)(3)  
Federal Tax ID #59-2859337

### CONTACT Us !

Website:  
[www.NamiGainesville.org](http://www.NamiGainesville.org)

Email:  
[info@NamiGainesville.org](mailto:info@NamiGainesville.org)

Voicemail:  
(352)-374-5600 ext. 8322